

HELSINKI FOR KIDS!

#familyhelsinki

INCLUDES TIPS AND A MAP



HELPPI'S FAVOURITES

- 1 CITY TOUR
Senate Square
 - 2 GARDENIA
Koetilantie 1
 - 3 HARD ROCK CAFE HELSINKI
Aleksanterinkatu 21
 - 4 HELSINKI ZOO
Mustikkamaanpolku 12
 - 5 HELSINKI PLAYGROUND
Jaffa STATION, Hakaniementori
 - 6 LINNAMÄKI AMUSEMENT PARK
Tivolikuja 1
 - 7 NATURAL HISTORY MUSEUM
Pohjoinen Rautatiekatu 13
 - 8 RASTILA CAMPING HELSINKI
Karavaaninkatu 4
 - 9 ROYAL LINE
Kauppatori
 - 10 SEA LIFE Helsinki
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 - 11 SOKOS HOTELS (see locations on www.sokoshotels.fi)
 - 12 SUOMENLINNA
 - 13 SUPERPARK
Valimotie 13, Vantaa
 - 14 HEUREKA - THE FINNISH SCIENCE CENTRE
Kuninkaalanatie 7, Vantaa
- Check out the special offers on the other side of the map!



NOTE:
Attractions
2,8,13,14,37,
51,56,57,60 and 68
cannot be found on this map as they are located outside the city centre.

IT'S EASY TO GET AROUND HELSINKI!

A fun way to see the town is to jump on a tram. Routes 2 and 3 circle the city centre through the southern and eastern parts of town. Along the way there are lots of interesting sights for kids and other exciting things to see, including Kaivopuisto Park, the Olympic Terminal, the Market Square, Senate Square, Linnanmäki Amusement Park, SEA LIFE Helsinki and lots more!

Note: The numbers of the tram routes change according to the direction of travel at the "Eläintarha" and "Olympiaterminali" stops.

A TRAM RIDE is an adventure in itself for kids!

- ### PLAYGROUNDS
- | | |
|---|---------------------------------------|
| 15. KAIVOPUISTO PARK
Puistokatu 4 | 22. TERVASAARI
Tervasaarenkannas |
| 16. PLAYGROUND LASTENLEHTO
Between Lapinlahdenkatu and Ruoholahdenkatu | 23. TOKOINRANTA
Eläintarhantie 1 |
| 17. PLAYGROUND BRAHE
Porvoonkatu 4 | 24. OLD CHURCH PARK
Lönrotinkatu 6 |
| 18. PLAYGROUND LINJA
Toinen linja 6 | |
| 19. PLAYGROUND SEPPÄ
Sepänkatu 2 | |
| 20. SINEBRYCHOFF PARK
Bulevardi 40 | |
| 21. TAIVALLAHTI PLAYGROUND
Pohjoinen Hesperiankatu 22 | |

- ### SHOPS AND FLEA MARKETS
- | | |
|--|---|
| 25. LELUKAUPPA KARTTUUNI (toys) Hämeentie 2 | 33. PUNAVUOREN PEIKKO (clothing & accessories) Uudenmaankatu 15 |
| 26. IPANAINEN (toys & accessories) Näkinkuja 4 | 34. R-COLLECTION (clothing) Ateneuminkuja |
| 27. TOUKAN LASTENKIRJAKIOSKI (books) Fleminginkatu 8 | 35. SEA LIFE TOY SHOP Tivolitie 10 |
| 28. KRUNUKIRPPU & OLKKARI (flea market) Mariankatu 12 | 36. LELUKAUPPA TINGELING (toys) Yrjönkatu 34 |
| 29. LAUTAPELIT.FI (games) Kamppi Shopping Centre, 3rd floor | 37. VEKARAKIRPPIS (flea market) Intiankatu 20 |
| 30. MARIMEKKO KIDS (clothing) Mikonkatu 2 D | |
| 31. MOOMIN SHOP
Forum Shopping Centre, 2nd floor | |
| 32. POLARN O. PYRET (clothing) Kamppi Shopping Centre, 3rd floor | |
- SHOPPING CENTRES FOR TEENAGERS:**
FORUM
ITÄKESKUS
KAMPPI
KLUUVI

- ### CAFÉS AND RESTAURANTS
- | | |
|--|---|
| 38. ALPPILA CHURCH CAFÉ
Kotkankatu 2, Linnanmäki stop | 45. PICNIC (Throughout town, www.picnic.fi) |
| 39. ANNANTALO CAFÉ
Annankatu 30 | 46. CAFÉ PIRITTA, Tokoinranta, Eläintarhantie 12 |
| 40. CAFÉ BERGGA
Viides Linja 14 (Karhupuisto) | 47. PUTTE'S BAR AND PIZZA
Kalevankatu 6 |
| 41. CAFÉ CHAPMAN
Suomenlinna | 48. CAFÉ REGATTA
Merikannontie 10 |
| 42. HESBURGER
Stockmann Department Store, 6th floor | 49. RESTAURANT SILVOPLEE
Toinen Linja 7 |
| 43. RESTAURANT KIILA
Kalevankatu 1 | 50. SINISEN HUUVILAN KAHVILA
Linnunlauluntie 11 |
| 44. CAFÉ KIPPO
Forum Shopping Centre, 3rd floor | |

- ### LET'S GO TO A MUSEUM!
61. ATENEUM ART MUSEUM
Kaivokatu 2
 62. HELSINKI CITY MUSEUM
Sofiankatu 4
 63. VINTTI WORKSHOP, NATIONAL MUSEUM OF FINLAND
Mannerheimintie 34
 64. MUSEUM OF CONTEMPORARY ART KIASMA
Mannerheiminaukio 2
 65. PÄIVÄLEHTI MUSEUM
Ludviginkatu 2-4
 66. TRAM MUSEUM
Töölönkatu 51 A
 67. THEATRE MUSEUM
Kaapelitehdas
Tallberginkatu 1 G
 68. MUSEUM OF TECHNOLOGY
Viikintie 1
 69. SPORTS MUSEUM OF FINLAND AND OLYMPIC STADIUM
Paavo Nurmen tie 1

- ### BEST SKATE-PARKS IN TOWN!
55. MICROPOLIS SKATEPARK
Nordenskiöldinkatu 20
 56. KONTULA INDOOR SKATEPARK
The biggest indoor skatepark in Finland! Emännänpolku 1
 57. NUORI SUOMI SKATEPARK
Särkiniementie 17, Lauttasaari
 58. PONKE'S PARK
Eiranranta, next to Café Carusel
 59. SÖRNÄINEN/SUVILAHTI
Sörnäisten rantatie 22
 60. VALLI INDOOR PARK
Indoor skateboard and scooter park
Pälkäneentie 13 B

- ### BRUNCH!
51. DYLAN BISTRO
Arabia, Hämeentie 153 B
 52. CAFÉ YOBOT
Runeberginkatu 54 A
 53. RESTAURANT TÖÖLÖNRANTA
Helsinginkatu 56
 54. SANDRO
Kolmas Linja 17

HELSINKI
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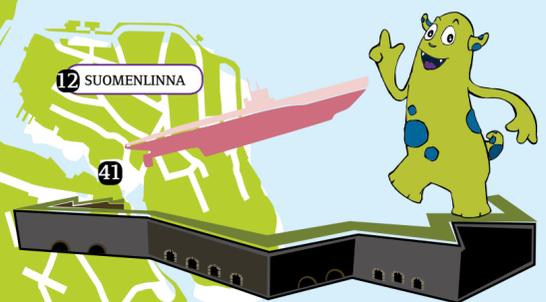
HELSINKI TOURIST INFORMATION
Pohjoisesplanadi 19
Tel. +358 (0)9 3101 3300
tourist.info@hel.fi

The "Helsinki for Kids" illustrated map has been produced in cooperation with partners of the Visit Helsinki family tourism network and "Riikka's blog" on Bella-blogi. Most of the tips on this map are Riikka's own and those recommended by her readers. You can find the blog (in Finnish) here: <http://riikanblogi.bellablogi.fi/>

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Tips from Riikka's blog

HI!
I'm HELPPi!
Helsinki's very own mascot



SPECIAL OFFERS THIS SUMMER!

Offers valid 01.05-31.08.2015 (unless otherwise noted)

CITY TOUR

Enjoy a Hop-On Hop-Off sightseeing tour aboard an open-top red bus and see more of Helsinki! You can hop on and off as often as you want. www.citytour.fi

24-hour Hop-On Hop-Off sightseeing tour €20 (norm. €25). Discount code: **Perhe2015**. Offer valid 02.05-30.09.2015

GARDENIA

Experience the colours and smells in the tropical garden! www.gardenia-helsinki.fi

Free "Secrets of the Plants" map (norm. €2) for all children with the purchase of a family ticket. Discount code: **PIKAMATKA TROPIIKKIIN**

HARD ROCK CAFE HELSINKI

Eat out at this child-friendly restaurant in the heart of the city where kids are kept busy with a fun activity book! www.hardrockcafe.fi

Free activity book for children with the purchase of a meal!

FINNISH SCIENCE CENTRE HEUREKA

Heureka is an interactive exhibition centre for people of all ages. Discover firsthand the exciting world of science and technology by trying things and experimenting! www.heureka.fi

An interactive exhibition centre for people of all ages!

HELSINKI ZOO

The 150 animal species at Helsinki Zoo offer lots to see year round. What better way to spend a day than visiting the animals and enjoying the beautiful setting of Korkeasaari island! www.korkeasaari.fi

Discover the 150 animal species any time of the year!

HELSINKI PLAYGROUND

Helsinki Playground is an unbelievably fun indoor play centre where kids get to jump, romp, play, run, laugh, climb and release their energy as much as they want! www.leikkiluola.fi

50% off the price of admission. Discount code: **VisitHelsinki**

LINNANMÄKI AMUSEMENT PARK

The most popular tourist attraction in Finland, and the funnest place in Helsinki, Linnanmäki offers the biggest selection of rides in Finland, fun entertainment on the stage and great food. www.linnanmaki.fi

Linnanmäki offers free admission to the amusement park and 11 rides free of charge for small children!

NATURAL HISTORY MUSEUM

Enjoy a journey of discovery from Lapland to Africa and back to the days of the dinosaurs! Welcome to the Natural History Museum! www.luomus.fi

Family ticket €20 (norm. €23, max. 2 adults + 4 children). Discount code: **Kimppa20**

RASTILA CAMPING HELSINKI

Stay at this modern camping site beside the sea just a short ride by metro from the centre of Helsinki. The area includes its own swimming beach and the fine recreational grounds of Rastila Manor, where you will also find the Lähio restaurant. www.rastilacamping.fi

Family sauna beside the sea €45/2 hours (norm. €60/2 hours). Discount code: **SAUNA3**

ROYAL LINE

Enjoy the most interesting sightseeing cruise in Helsinki! Royal Line shows you the best sights in Helsinki from the sea with 70 years experience. Daily from the Market Square 02.05-27.09. www.royalline.fi

Free buffet for children (ages 0-11) on a Helsinki Sightseeing cruise together with one paid adult buffet (1 child/adult). Discount code: **Perhe2015**. Offer valid 02.05-27.09.

SEA LIFE HELSINKI

Experience the undersea world at SEA LIFE: 50 aquariums, 200 species and 1500 animals! www.visitsealife.com

Basic ticket just €10/person when you buy online from our website! Campaign code: **LASTENHELSINKI**

SOKOS HOTELS

Check out the affordable summer prices on the Sokos Hotels website! www.sokoshotels.fi

Onni the Squirrel welcomes you to stay!

SUOMENLINNA

The Suomenlinna Sea Fortress is a fun 15-minute ferry ride away from the Market Square and is the perfect setting for a family adventure: 6 kilometres of bastion walls, 100 cannons, exciting tunnels, museums, cafés and restaurants – even a real submarine! www.suomenlinna.fi, www.suomenlinnatours.com

Visit all of Suomenlinna's six museums with a combined ticket (€18).

SUPERPARK

Try out different sports, play, enjoy and relax with healthy exercise at SuperPark, an indoor activity park that is filled with lots to do for people of all ages! www.superpark.fi

Lots to do for people of all ages!

POPULAR AMONG YOUNG PEOPLE

CITY TOUR SIGHTSEEING TOURS

HARD ROCK CAFE

FINNISH SCIENCE CENTRE HEUREKA

ICE BREAKERS AT KATAJANOKKA

sisu

LINNANMÄKI AMUSEMENT PARK

NATURAL HISTORY MUSEUM

MEGAZONE LASER TAG Salmisaari Sports Centre, Energiakatu 3

ROYAL LINE ARCHIPELAGO CRUISES

SUPERPARK VANTAA

TENNISPALATSI cinema complex, cafés, restaurants and museum

STAND-UP PADDLE BOARDING You can rent a board from: Hilton Helsinki Kalastajatorppa Kalastajatorpantie 1 www.twentyknots.fi

Töölönlahti Linnunlauluatie 4 www.supfinland.com

Uunisaari Café Uunisaari www.supfinland.com

ISLANDS

SUOMENLINNA is situated just 15 minutes by ferry from the Market Square. The sea fortress is the perfect setting for a family adventure: 6 kilometres of bastion walls, 100 cannons, exciting tunnels, museums, cafés and restaurants – even a real submarine! Special guided tours are also arranged for children. Suomenlinna is open year round, and many of the attractions on the string of islands are open also in wintertime. The municipal ferry from the Market Square also operates year round.

SEURASAARI is a popular outdoor destination throughout the year. You can follow the path around the pretty recreational island and feed the tame squirrels. There is also a swimming beach, kiosk, cafés, a restaurant, a grilling area and an open-air museum displaying historic wooden buildings from across Finland. The island is open year round. To get there from the city centre, take Bus 24. The island is connected to the mainland by a pretty white bridge.

PIHLAJASAARI is one of the most popular recreational islands in Helsinki. Sun worshippers can enjoy not only the swimming beach and smooth granite rocks, but also a restaurant, grilling areas and sauna. There is even a campsite. A ferry operates between the island and the mainland from May to September. The crossing from either Merisatama or Ruoholahti takes around 10 minutes.

MUSTASAARI is a popular island among families with its farm animals, nature trail, swimming beach, playground and café. The island is open from June to mid-August. The ferry crossing from Taivallahti (at the end of Eteläinen Hesperiankatu) takes around 15 minutes.

LONNA is a small island between the Market Square and Suomenlinna. Services include a restaurant and café, which sells picnic supplies. The JT-Line ferry operates between Lonna and the Market Square from mid-May to mid-August. The crossing takes around 10 minutes.

UUNISAARI is situated just off the southern tip of Helsinki. With its sandy beach and services, this recreational island is a very good picnic destination. There is a restaurant, café and sauna. In summertime a ferry makes the short crossing to the island from Merisatama-tori by Kaivopuisto park, and in wintertime you can walk to the island across a pontoon bridge.

TERVASAARI is an island off the Kruununka district that is connected to the mainland by a land bridge. The island has a restaurant, a playground, a dog park, a swimming area for dogs, and a pier for washing carpets. Take Bus 16 or Bus 17 to get there from the city centre.

SWIMMING

THE SWIMMING STADIUM is a great place to cool off on a hot summer's day. The outdoor Olympic complex has three swimming pools: a 50-metre pool, a diving pool and a kids' pool. There is even a small round paddling pool for the little ones, as well as a water slide and café. The Swimming Stadium is open from May to September. It's just a short walk from the Finnish National Opera. Hammarkjöldintie 5

THE KUMPULA OUTDOOR SWIMMING POOL is another summer favourite among families. There is a 25-metre pool, a diving pool, a kids' pool and a paddling pool, as well as an exercise area, a beach volleyball and basketball court, a chess area, a bouncy castle and a café. It is open from May to August, and you can get there easily by bus from Railway Square. Allastie 1

AT HIETANIEMI BEACH you can swim and play beach volleyball and basketball. There is also a playground, changing rooms and a café-restaurant. Nearby you can play mini-golf. To get there, take Bus 24. Hiekkarannantie 11

AURINKOLAHTI BEACH is Helsinki's answer to a Southern European holiday destination. The 700-metre-long beach has shallow water, making it perfect for smaller children to splash around in. Services include changing rooms, showers and a café. You can get to Aurinkolahti in just 20 minutes from the city centre by riding the metro to Vuosaari. Aurinkoranta 15

PIKKUKOSKI BEACH is a small and pretty sandy swimming area on the Vantaanjoki river. The water is shallow and sandy, making it particularly popular among small children. There is a basketball court, exercise equipment and a playground. To get there, take the local train N to the Oulunkylä stop. Pikkukoskentie 23

AVOID THE BUNNIES AND HELP THE SQUIRREL FIND THE NUTS!



EVENTS

LUX HELSINKI LIGHT FESTIVAL

RESTAURANT DAY - four times a year: February, May, August and November

STRONG SURVIVORS EXHIBITION at SEA LIFE Helsinki

EXTRA FUN IN HELSINKI DURING WINTER HOLIDAYS

RED PEARL women's clown festival at the Dance Theatre Hurjaruuth

EASTER BONFIRES AT SEURASAARI

CLEANING DAY - a city-wide flea market twice a year: May and August

RUUTIA! DANCE FESTIVAL for children and young audiences at the Dance Theatre Hurjaruuth

CIRKO - HELSINKI NEW CIRCUS FESTIVAL at the Cirko Centre

HELSINKI DAY

WORLD VILLAGE FESTIVAL

MIDSUMMER EVE CELEBRATIONS AT SEURASAARI

MERIVIAPORI BOATING EVENT for wooden vessels at Suomenlinna

HELSINKI CUP International youth soccer tournament

GYMNAESTRADA 2015 International gymnastics event

HELSINKI FESTIVAL

MINI-MARATHON for kids at the Olympic Stadium

HELSINKI DESIGN WEEK including kids' weekend

SIRKUS FINLANDIA in Kaisaniemi Park

TALL SHIPS DAY at the Market Square

NIGHT OF THE CATS at Helsinki Zoo

HERRING MARKET at the Market Square

CARNIVAL OF LIGHT at Linnanmäki

WINTER CIRCUS at the Dance Theatre Hurjaruuth

CHRISTMAS LIGHTS along Aleksanterinkatu

CHRISTMAS EVENTS at Suomenlinna

CHRISTMAS PATH at Seurasaari

ELVES PATH at Suomenlinna

STABLE ELF'S PATH at Helsinki Zoo

NEW YEAR'S EVE CELEBRATIONS in Senate Square

Concerts, performs and activities for kids are organised year round at the MUSIC THEATRE KAPSÄKKI, PUPPET THEATRE SAMPO, HELSINKI MUSIC CENTRE AND FINNISH NATIONAL OPERA. Check out also the Children's concerts at TAVASTIA, The Saturday art workshops at KIASMA and the baby art club at the OPERA!

www.kapsakki.fi
www.nukketheaterisampo.fi
www.musiikkitalo.fi
www.ooppera.fi
www.tavastiaklubi.fi
www.kiasma.fi

To see what's on in Helsinki, go to: www.visithelsinki.fi/perhe

HANDY IN HELSINKI!

FREE PUBLIC TRANSPORT FOR ADULT PUSHING A PRAM OR STROLLER (with a child under the age of 6)

FREE PUBLIC TRANSPORT FOR CHILDREN UNDER THE AGE OF 7 Public transport timetables: Reittiopas.fi

CHILDCARE FACILITIES AT KAMPPI SHOPPING CENTRE If you are shopping or walking around the city centre and are looking for tidy childcare facilities, don't worry – in Helsinki you have plenty to choose from. On the 3rd floor of the Kamppi Shopping Centre you will find a large room with space to play, relax and breastfeed. Conveniences include a microwave, children's toilets, highchairs and tables for changing diapers.

CHILDCARE FACILITIES AT THE FORUM SHOPPING CENTRE There is also a large and tidy childcare room on the 3rd floor of the Forum Shopping Centre, behind the Ciao! Caffé. Conveniences include a play area, a parking area for prams and strollers, a quiet corner for breastfeeding, a microwave and tables for changing diapers.

CHILDCARE FACILITIES AT THE STOCKMANN DEPARTMENT STORE It's easy to spend hours at Stockmann's, especially when you can take care of your children in its childcare facilities on the 6th floor, next to the play area and toy department. There you will find a microwave, highchairs, rocking chairs, a children's toilet, a play area and a separate room for changing diapers.

ELEVATORS AT METRO STATIONS FOR PRAMS AND STROLLERS Riding the metro in Helsinki is fun and convenient, also if you are pushing a pram or stroller. You can get to the platforms easily by elevator.

PLAY AREA AT THE RESTAURANT LOISTE Situated on the 10th floor of the Original Sokos Hotel Vaakuna in the city centre, the Restaurant Loiste has an especially large and attractive play area for children. While enjoying your delicious meal you can also admire the superb view! Kaivokatu 3

STAY WARM AND DRY If the weather's bad and you want to walk around the city centre without getting cold or wet, just follow the tunnels that run between Kamppi, Forum, Stockmann and the Central Railway Station.



WINTER FUN

GARDENIA Koetilantie 1
CINEMAS ICEPARK Railway Square
KALLIO SKATING RINK Helsinginkatu 23
SLIDDING Kaivopuisto Park
HELSINKI ZOO Mustikkamänpolku 12
HELSINKI PLAYGROUND Jaffa STATION, Hakaniemi Market
PLAYGROUNDS MUSEUMS
MÄKELÄNRINNE SWIMMING HALL Mäkelänkatu 49
SEA LIFE HELSINKI Tivolitie 10
FERRY RIDES TO SUOMENLINNA VUOSAARI SWIMMING HALL Vuosaarentie 5

